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Fit to Play Tennis: Practical Tips to Optimize Training and Performance Carl Petersen, Nina Nittinger. Siobhan O'Donnell, MSc, BSc(PT),

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By-Carl Petersen PT. Carl Petersen PT. is a partner and Director of High Performance Training at authored a new training book titled Fit to Play-Tennis

Nina nittinger (author of fit to play tennis)

Nina Nittinger s Followers. None yet.

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Fit to Play Tennis: High Performance to designing high performance training Carl Petersen is director of high performance training at City

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Carl Petersen (author of fit to deliver)

Carl Petersen is the author of Fit to Play Tennis (4.75 avg rating, 4 ratings, 1 review, published 2006), Fit2ski (0.0 avg rating, Carl Petersen s Followers.

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