

# **Green Tea: Health Benefits And Applications (Food Science And Technology) By Yukihiro Hara**



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Faculty of Food Science and Technology Yukihiro Hara, 2001. Green tea: Health benefits and and cocoa science and technology.

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steeped with praise about the health benefits of the beverage I m not drinking. I am partial to a green tea called Japanese Matcha used for over 400 yrs,

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health benefits and applications. [Yukihiro Hara] Food science and technology There is increasing scientific validation of the health benefits of green tea.

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