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Ruth Glick, ne Burtnick (b. 27 April 1942 in Lexington, Kentucky, United States) is a USA Today best-selling writer of healthy cookbooks, romance and young adult

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Cup of smooth, cold, summer soup may be appetizer, main dish or dessert THE BIG CHILL. Ruth Glick of Columbia, co-author of "Skinny Soups" (Surrey Books,

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